

**Race, Colour and the Processes of Racialization: New perspectives
from Group Analysis, Psychoanalysis and Sociology**

Or how the world and mind were made black and white

Contents

Introduction

Chapter 1 – Rethinking Race

What Is Race?

An Overview Of The History And Use Of Race

Racism before race

Science and Religion

The Science of Race

Biology Of Race

What Is The Relationship Between The Notions Of Race, Culture And Ethnicity?

Black And White

Power

Racism: A Working Definition And A Proposition

Racism: The Emotions And Another Proposition

On The Ephemeralness Of Racism

The Nature of Evidence – statistical and anecdotal

Summary

Chapter 2 -Psychoanalysis and Racism

Cautions And Caveats

Using Freud To Think About Racism

The First Instinctual Theory

Racism as an expression of the sadistic instincts

Racism as hatred of the external

Racism as repulsion

Racism is the hatred that is caused by the presence of racial difference

The Second Theory of Instincts

Racism as the expression of the death instinct

Racism as the organization of hate along racialized lines

Oedipus: The super ego as a patron of racism

Racism as an outcome of group formation

Exposing the Id: the bad group

Replacing the superego: the good group

Using Klein To Think About Racism

Death instinct as a precipitator of racism

Envy as a precipitator of racism

The fear of the death instinct

Prelims

Guilt increasing persecution

The epistemophilic instinct leading to a hatred of those who speak foreign tongues

Extending Klein: from the paranoid-schizoid to a pseudo-depressive position

Using Fairbairn To Think About Racism

The Vicissitudes of Aggression in the Fairbairnian Schema – group formation

A Fairbairnian theory of racism

‘Natural’ and ‘Artificial’ Groups – A Deconstruction

Creating Otherness

Desire and the Forbidden

Using Winnicott To Think About Racism

Six Models of Aggression and Hatred in Winnicott-the-Instinctivist

Group formation: the name of the enemy

Summary

Chapter 3 – Peeking into the Consulting Room

Metapsychologies: Human nature

We are all the same (yet different): multiculturalism in psychoanalysis

We are all unique: essentialism in psychoanalysis

Models Of Racism And Prejudice

From differentiation to difference to hatred

Splitting and projection

Stranger Anxiety

Oedipus and envy

Oedipus and difference

The individual and the group

The Problem Of The External, And The ‘Underlying’ Internal

Racism And Prejudice In Psychoanalytic Discourse

Difficulties in the analyst.

Book Reviews

Against The Grain

Discussion

The difficulties and limitations in the psychoanalytic theorizations of racism

Chapter 4 - Other Psychoanalytic Theories of Racism

Dollard: Frustration-Aggression

Adorno: The Authoritarian Personality

de Zulueta: Relational Schemas

Rustin: Racism As Psychosis

Kovel: Anality

Dominative racism

Aversive racism

Wolfenstein: Epidermal Fetishism

A Summation Of The Journey Through The Psychoanalytic Scene.

Chapter 5 – Fanon: The colonial context

Ideology

Cultures as Monoliths

The Psychological Consequences

Psychopathology

Towards Whiteness: Construction of the internal divide

Policing and sustaining the divide

Horizontal Violence

The family and society

Corruption

Naturalizing psychopathology: The work of Mannoni

Liberation

The first stage: unqualified assimilation

The second stage: the resurgence of tradition

The third stage: the time of action

Violence

Culture as activity

Ideology: the concealment of violence

The role of psychotherapy

Bewilderers: The Use Of Individualism Against The Native

Racialization: The Activation Of Difference By The Colonized

Nationalism

Post Colonialism

Chapter 6 Foulkesian Group Analysis

Elements of Foulkesian Theory

Belonging

Communication

Mind and matrix

Illness and Location

The social unconscious

The Social in the Unconscious

The Social as Unconscious

The Notion Of Race

Racism

The stranger

The Scapegoat

The train

Chapter 7 – Power: the generator of difference

Power

The Civilizing Process

The socio-political imperative

The sociological construction of the ‘natural’

A partial summation

Prelims

Symbol Theory: Language, Knowledge, Mind

Language

Knowledge, world, mind

The unconscious which is not repressed

Emotion – a difference with psychoanalysis

Conclusion

Chapter 8 Black and White

The Physics Of 'Seeing' Black And White

The 'intensity' of light

The 'colour' of light

Roland Barthes and semiotics

Semiotics: The darkness that is not 'black'

The Holy Bible

The use of 'light' and 'dark' in the Holy Bible

Black

White

The Ethiopian

The findings

Apocalyptic prophesies and millennial anxieties

The importance of the vernacular Bible

The name of the enemy

The Crusades

The Chosen People

A semantic history of 'black' and 'white

The meanings of 'black'

Neutral

Positive

Negative

Dirt

Emotion

Death

Evil

Immoral/Illegal

The meanings of 'white'

Neutral

Positive

Cleanliness and Purity.

Favoured/favourable/favourite

Turning Bad into Good

Legitimate, honest

General negatives

Analysis: The evolution of Black

Things made black

Retrospective blackening

Black becoming darker

Analysis: The evolution of White

Prelims

Initial observations

From Christendom to Europe
People: From adjective to noun
Barthesian Diagrams
Invisible Signifiers

Conclusions

Chapter 9 Categorization: the vicissitudes of difference

Process Reduction: habits of thought

From abstraction to antagonism

Matte-Blanco

A semantic autopsy
Identity as an outcome of bi-logic
Manufacturing the 'coloured' races

Reframing the instincts in the language of similarity and difference

The Winnicottian schema

Kinship: social psychology, sociobiology and Freud

The colour of denigration and idealization

Foulkes: Rethinking belonging

Multiple Belongings

A partial summary

Three modes of mental functioning

Sustaining the divide

Border Patrol: The preservation of power differentials

Asymmetrical We-images: a confluence of Matte-Blanco, Fanon, Foulkes and Elias

Estate image

Village image

Asymmetrical projection: idealization and denigration

The colours of stigma and charisma: development and socialization

Aversion: the invention of dirt

Some conclusions

Chapter 10: Racism: the vicissitudes of racialized differences

The psyche, coloured and racialized

Retrieving uniqueness: three caveats

Elements of racism

The structure of racialized thought

"They will never be one of us"

"They are all the same"

"We are being swamped by them"

"We are pure, they are all dirty"

"I hate the blacks – but not you"

One for All and All for One

The evolution of institutional racism

Prelims

Sanitizing violence

The gesture – return of the stranger on the train

Internalism in psychoanalysis

Attribution error

Resistance: the return of the repressed

Some implications for the clinical setting

Transference, countertransference, guilt

Contextualization vs. Individualization

Context and Resistance

On technique

The Unconscious

White-white therapy

A final caveat: black and white internal objects

Conclusions

Afterword